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Phthisis Pulmonalis

#6

Mr. Isaac Pipkin

about 40 years of age

greater than 6 feet tall

difficulty of breathing

87 pounds per

Isaac Pipkin

admitted March 26th 1821

1881 Nov 20th

W. H. D. Smith & Sons

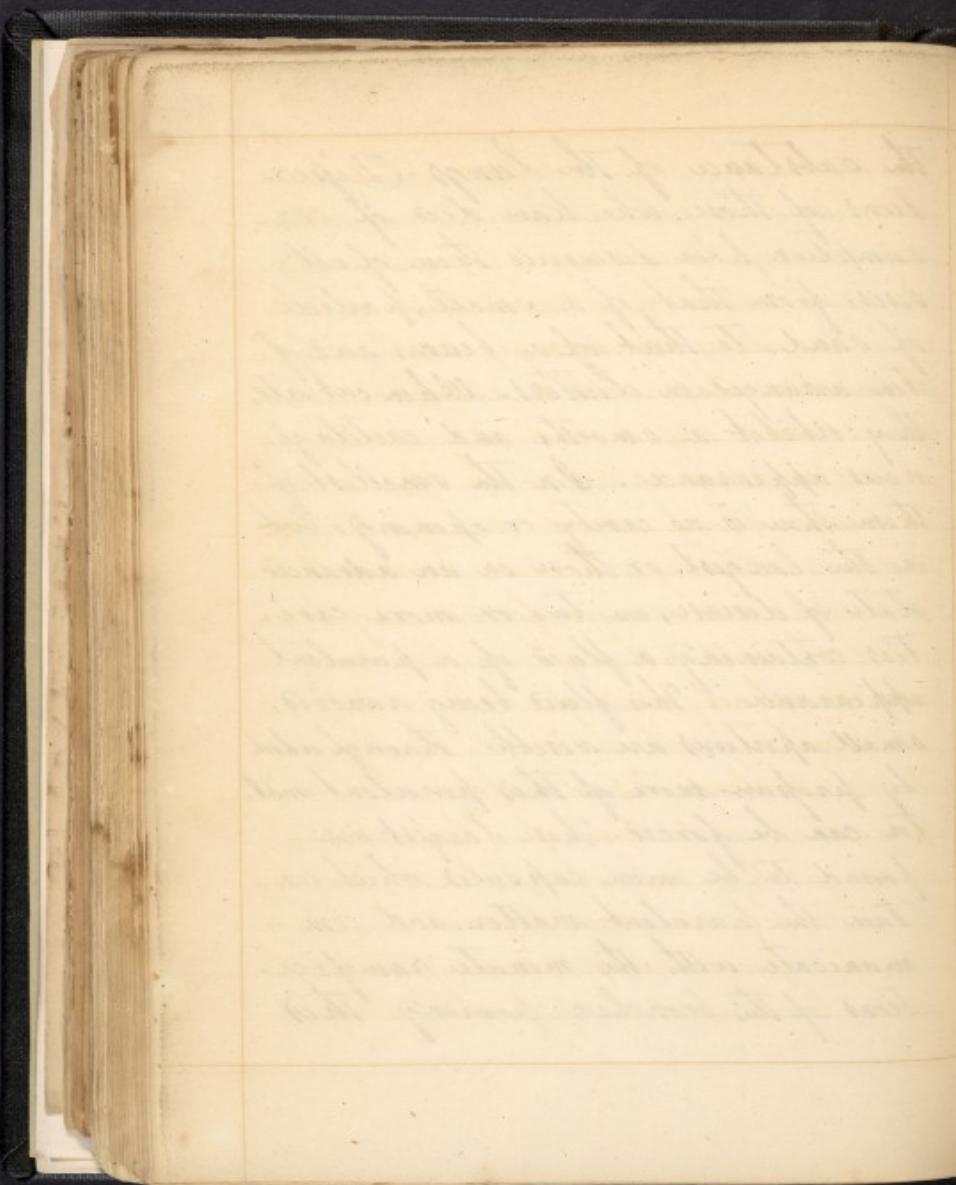
Of Phthisis Pulmonalis

It is generally conceded that of all the diseases incident to our species, there is not one; which is enveloped in greater obscurity, or which is more difficult of cure, than Pulmonary Consumption. This is to be ascribed partly to the imperfect state of the science of medicine, and partly to the innate difficulties of the disease itself. The term Phthisis is derived from the Greek verb θειν, which signifies to wash or consume, and when applied to the pulmonary affections, denotes an ulcerated condition of the lungs. - almost every writer on the subject has considered ulceration as an uniform occurrence, and as an essential ingredient in the definition of the disease. By Galen, the

disease is defined to be an expec-
toration of pus or purulent mat-
ter from the substance of the lungs
attended with hectic fever. Here
it is evident the existence of an ul-
cer is insinuated. By Bigelow it is
said, that every pulmonary affection
which when left at rest produces
disorganization of the lungs, followed
by ulceration, and death, ought to
be considered as phthisis. I shall
not attempt a formal criticism upon
either of these definitions, but can-
not forbear taking some exception
to the latter, in as much as it ex-
cludes all those diseases when there
is no actual disorganization, and
includes all those when there is a
very organic derangement. I con-
sider it extremely difficult if not

totally impossible to define the disease,
and any one who shall be advocates
enough to attempt it will find
himself much perplexed and embar-
rassed. Some writers, especially the
older, had their divisions of this dis-
ease absurdly numerous. Savage
had eighteen. To obtain perspicui-
ty, and for purposes of a practical
nature, the disease here will be con-
sidered under a much reduced num-
ber. I shall first notice tubercular
consumption, or that form of the
complaint produced by tubercles. But
before the symptoms are detailed, a
few observations will be made on the
nature and appearance of tubercles,
their seat, and origin. Tubercles
are certain small tumors or maf-
fs of undurated matter found in

the substance of the lungs. Descriptions of those who have died of consumption have described them of all sizes, from that of a small particle of sand, to that of a bean; and often arranged in clusters. When cut into, they exhibit a smooth, and cartilaginous appearance. In the smallest of them there is no cavity or opening, but in the largest, or those in an advanced state of disease, are two or more cavities containing a fluid of a purulent appearance. This fluid being removed, small apertures are visible, through which by pressure more of this purulent matter can be forced. Those largest are found to be mere capsules which contain the purulent matter, and communicate with the minute ramifications of the bronchia passing thro'



matter into them. Respecting the na-
ture and origin of tubercles, no certain
information has been obtained. Ballon
supposes them to be indurated glands
produced by acromony. Some think
them connected with a shamous dia-
thesis - and others that they are mere
depositions of matter from the capillary
arteries; which are of various kinds
and consistencies. However formed tuber-
cles sometimes remain for a long time
indolent, but at length become inflamed
and are thereby changed into abscesses
or sinusses, which breaking give rise
to a purulent expectoration, and thus
lay the foundation of Phtisis. not
infrequently, only one tubercle bursts
or is ruptured at a time; this then
heals, producing a remission of the
symptoms, and the patient recovers

a hope of recovery. But upon the next exposure to the exciting causes two or more tabades go through the same process which has been described, the distressing symptoms are renewed, the lungs at last become one entire mass of disease, hectic supervenes, and the patient rapidly sinks. - The exciting causes of consumption which have been already alluded to are numerous - the following are the most general. Haemoptysis, ill cured pulmonary inflammation, catarrh, asthma, repeated eruptions, frequent and excessive debaucheries, playing much on wind instruments, unfavourable states of the weather, especially its vicissitudes from heat to cold, and from dryness to humidity, suppressed haemorrhoidal, catamenial, and other accustomed evacuations, inordinate

play of the passions of the mind, occupations in which the body is kept much inclined forwards, or in those employments in which small particles of matter are constantly inhaled into the lungs. Hosiery, straw cutters, those who dry-grind the pints of needles, and pins, superintendents of cotton and flour mills are peculiarly liable to the complaint. —

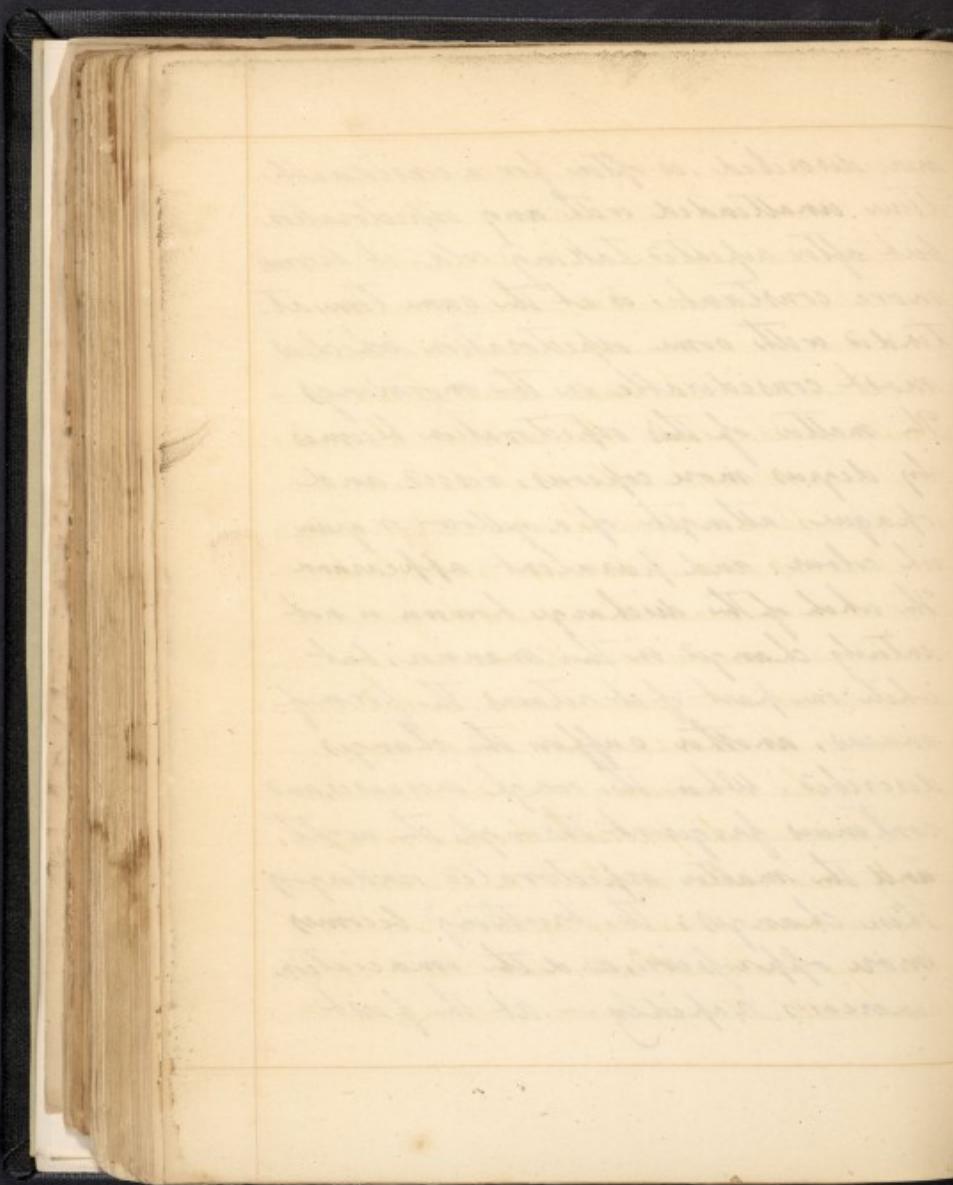
Tubercular consumption usually comes on with a slight short cough which becomes habitual, is little remarked by those affected, and sometimes even absolutely denied. at the same time the breathing becomes readily hurried by any bodily exertion, the body grows lean, and the patient becomes languid and indolent. This state of things continues for a year, or even for two years, without any complaint.

gegen die in der Lüneburgischen
Dienst und in den Diensten der Landes
und Städte und in den Diensten des Landes
Königreich Sachsen Sachsen und Hannover
wurde das Land Sachsen von dem
Emperor von Rom unter anderem
ausgeschlossen aus allen pflichten die
durch diese miltiere zu erfüllen pflichten
Durch diesen ist die Stadt Hannover
nach diesem entzweien verblieben
Durch Spuren doch nicht in den
durch einen Teil in derselben wurde
die eine Abteilung von Städten und
Städten und einer der anderen Abteilung
wurde eine neue Pflichten verordnet bestimmt
Und wenn jetzt die andere Pflichten
in den anderen Abteilungen ist es
so wie sie sind. Und so ist es
und so ist es nun so wie es ist und
durch diese neue Abteilung wird

being made, excepting only, that he
is more easily affected by cold than for-
merly, which frequently aggravates the
cough, and produces some catarrh. This
however is soon relieved, is supposed to
have arisen from cold alone, excites no
alarm either in the patient, or his friends,
nor leads them to take any precau-
tionary measures. Upon one of these
occasions of catching cold, the cough
becomes more considerable, is particula-
rly troublesome at night when the pa-
tient retires to rest, and continues
longer than is usual in the case of
a simple catarrh. This now excites
attention, particularly if it occurs du-
ring the summer season; the catar-
ral symptoms appearing at this
time show that the disease is more
fixed. The cough coming on in the man-

will be made to meet
down the front of the building
and will be covered by
canopy from the roof to the floor. This
will be done in time to make a good
showing at the opening before a
large number of spectators will have
come to see it. The building will
be open to all who come to see it.

nor described, is often for a considerable time unattended with any expectoration; but after repeated taking cold, it becomes more constant, is at the same time attended with some expectoration, which is most considerable in the mornings. - The matter of this expectoration becomes by degrees more copious, viscid, and opaque; although of a yellow or greenish colour, and purulent appearance. The colour of the discharge however is not entirely changed in this manner, but which ever part of it retains the form of mucus, another suffers the changes described. When the cough increases, and continues frequent through the night, and the matter expectorated undergoes these changes; the breathing becomes more oppressive, and the emaciation increases rapidly. - at the first



commencement of the disease the pulse is often natural, or perhaps is a little quick-er than usual: but the symptoms which have been enumerated seldom subsist long before it becomes frequent, hard, and full. at the same time the face flushes, particularly after eating; the palms of the hands and soles of the feet are affected with burning heat, evening ex-acerbations^{become} obvious, and the fever by degrees assumes the exquisit form of hectic-- The disease seldom runs the course without pain being felt in some part of the thorax, and most usually under the sternum. In the last stage of Phthisis, the patient becomes exceed-ingly emaciated, so that he presents the appearance of an animated skeleton: his eyes look hollow, and languid, his hair falls off, his nails are of a livid

colour, and much incurvated. To the end of the disease the mind is confident and full of hope. - shortly before death the extremities become cold, and in some instances a delirium precedes that com- continuing until life is extinguished. I have now detailed the symptoms of tubercular consumption. - It is easily dis-tinguished from the other forms of Phthisis by a particular conformation of body, shewing by a long neck, high chest bones, prominent shoulders, a long nar- row chest; by fair hair, clear skin, delicate rosy complexion, large veins, tanned upper lip, weak voice, blue eyes, great sensibility, remarkable vivacity of mind, and by all those signs in- dicating a scrophulous diatheria. - The treatment in this disease it is very obvious must vary exceedingly

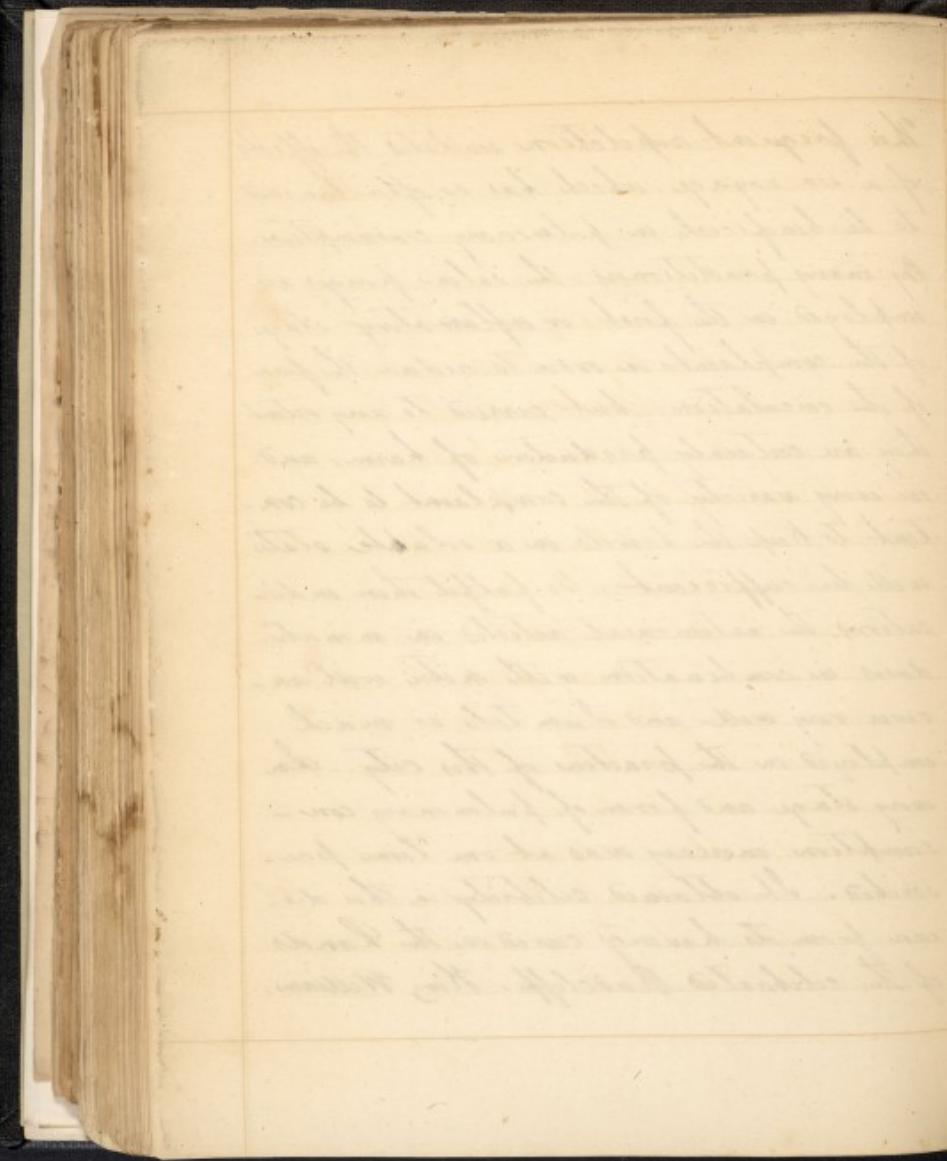
in the different stages of it, and it
should be carefully modified accordingly.
The primary object, is to arrest inflam-
mation of the tabacles, and for this
purpose blood-letting should be reser-
ved to -- This remedy was introduced into
practice in the early stages of Phthisis
by the celebrated Donor, who carried it
to an unwarrantable extent. bleeding
his patients in some cases upwards of
fifty times. That by abusing the re-
medy it was brought into disrepute.
and a directly opposite. and equally
pernicious system was substituted.
Incident in scilicet qui ruit vita-
re Charybdis. -- To one of our own
countrymen the credit is indisputably
due, of reviving the lancet in this dis-
ease. and of using it with discri-
tion, and judgment. In this as in

all other cases special regard must be had to the pulse, and other circumstances which lead to a knowledge of the state of the system. The importance of subduing inflammation on the one hand, and the extreme debility of the patient on the other, and the direct tendency of this remedy to increase his debility must be constantly borne in mind. As auxiliary means, topical evacuations by caps and laches, particularly by dry cupping should be employed. Dr. Chapman says that when there is not much force in the cicalation, or other signs of active inflammation, this mode of extracting blood is preferable even to the lancet itself. Its modus operandi is very intelligible, it invites the cicalation from the lungs; thereby relieving the tabors of in-

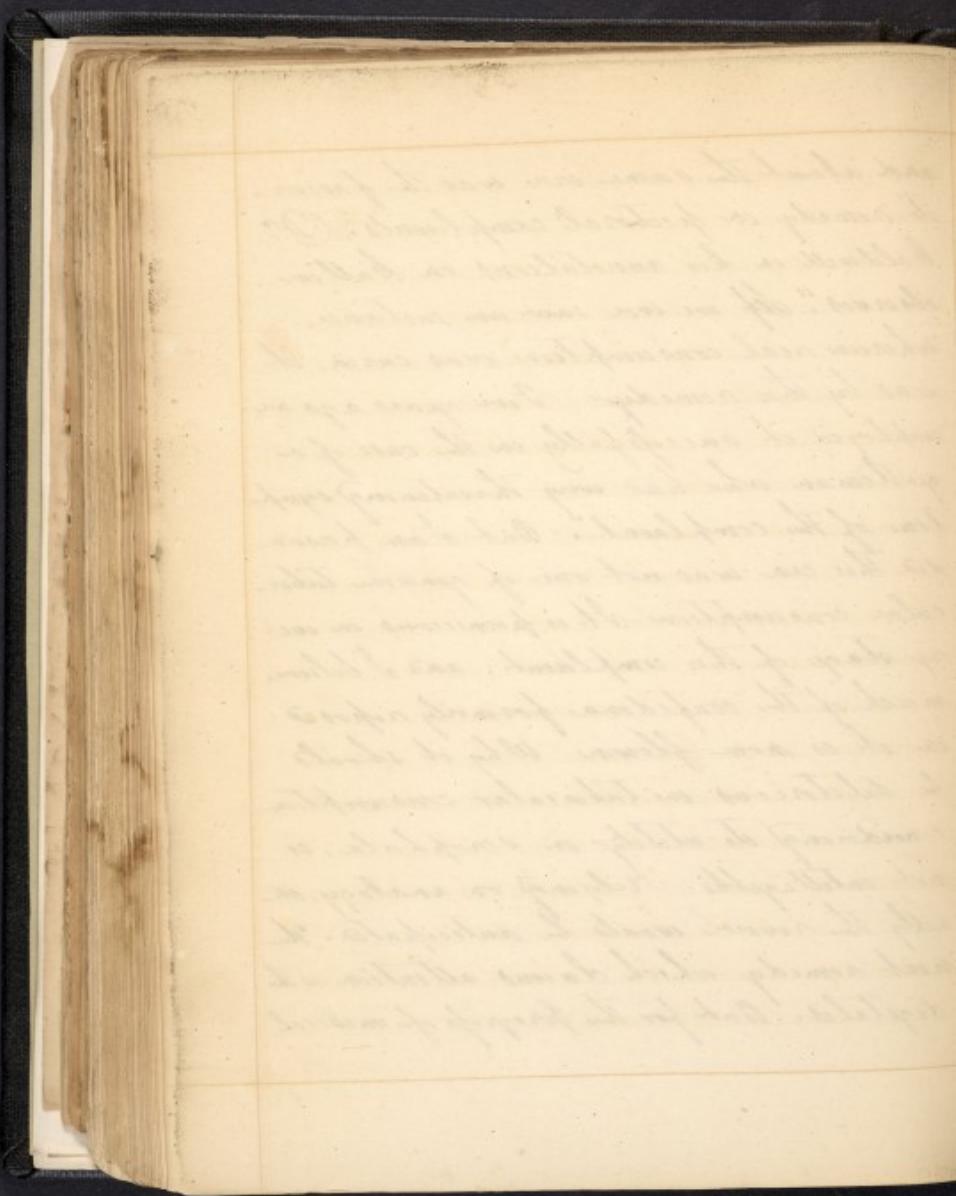
flammation more effectually, and of course does not so much exhaust the patient. This is the favourite practice of this country, and in attestation of its efficacy, the testimony of the most enlightened physicians could be adduced. The advantage of establishing some outward irritation in this complaint has long been known and appreciated. For this purpose Plasters, ointments, and ovens have been employed. To avail, or in other words to be really useful they should be long continued; for a chronic remedy is necessary to the cure of a chronic disease. Of late it has been much in vogue to substitute the Tartar emetic plaster, but it is believed to be recommended by little save its novelty. It is not more advantageous than a perpetual blister, and is certainly more

painful. In the early stages of con-
sumption remedies have been highly extolled;
and when judiciously administered relief
has been certainly afforded. To this point
the concurrent evidence of the ablest practi-
tioners of this country could be had. They
promote absorption, equalise the circu-
lation, and the exatability, and added to
this operate in a manner not to be rea-
sonably explained. - The articles mostly employ-
ed are the antimoniated tartarate of potash,
sulphate of copper, sulphate of zinc, and
specacuanha. - Much difference of opin-
ion has existed as to the comparative pow-
ers of these, some preferring one, and some
another. The specacuanha is however at
this time, in this country the most fas-
cinating medicine. Which when employ-
ed, in order to prove serviceable, must be
exhibited daily for two or three weeks.

This frequent repetition imitates the effects of a sea voyage, which has so often been said to be beneficial in pulmonary consumption. By many practitioners, the saline purges are employed in the first, or inflammatory stage of the complaint in order to reduce the force of the circulation, but carried to any extent they are certainly productive of harm, and in every variety of the complaint to be content to keep the bowels in a soluble state will be sufficient. To fulfil their indications, the antimonial articles in minute doses in combination with atra will answer very well and I am told is much employed in the practice of this city. - In every stage and form of pulmonary consumption mercury was at one time prescribed. It obtained celebrity in this disease from its having cured in the hands of the celebrated Radcliff, King William;



and about the same era was the favour-
ite remedy in pectoral complaints. Dr.
Ballard in his annotations on Ballon
observes: "If we ever saw an instance,
wherein real consumption was cured, it
was by this remedy... Five years ago we
employed it successfully in the case of a
gentleman who had very threatening symp-
toms of the complaint". But I am per-
suaded this case was not one of genuine tuber-
cular consumption. It is pernicious in ev-
ery stage of this complaint: and I believe
much of the confidence formerly reposed
in it is now flown. Why it should
be deleterious in tubercular consumption,
considering its utility in scrophula, is
not intelligible. Relying on analogy, ex-
actly the reverse would be anticipated. The
next remedy which claims attention is the
digitalis. But for the progress of medical



openion relative to the powers of this in
pulmonary consumption, I beg leave
to refer to Chapman's Therapeutics. It
will only be observed here, that in the ear-
ly case in which it can be relied on, via
the incipient stage, attended with slight
haemoptysis, a small, quick, undilated pulse,
impeded respiration, and a short dry cough—
I have now enumerated the most approved
remedies in the early or what is thought
the inflammatory stage of Phtisis. But it
is a melancholy truth that they are often
inadequate to the arrest of the disease;
abscesses form, and hectic fever with its
frightful train follows. In this sad con-
dition of things, experience authorizes this
conclusion, that we can do but little more
than alleviate the patient's sufferings. This
indeed constitutes the distinctive character
of tubercular consumption; which grad-

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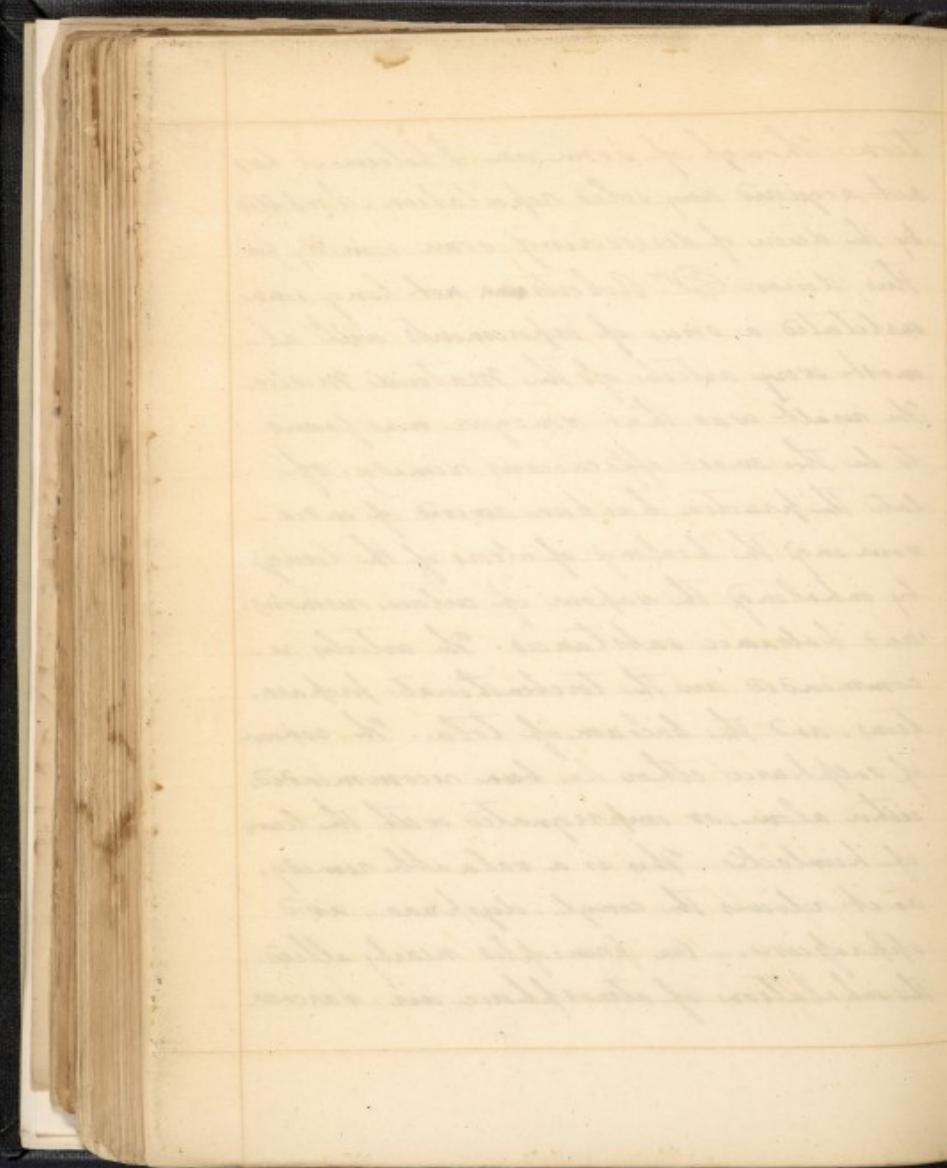
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ually undermines the frail fabric of mortality, and ultimately cuts short the slender thread which supports life. But though beyond rescue from death, the patient should not be abandoned. The resources of medicine afford abundant means of smoothing the approach to the grave, and humanity forbids them to be withheld. The leading indication here, is to abate hectic fever, which would soon destroy if permitted to continue unmitigated. It uniformly wears the intermitting type of the ordinary fever of this description, and demands the same remedies viz the parsnip root, and other vegetable tonics; to which may be added arsenic, certain preparations of stib, lead, &c. The success of some practitioners with the nitric acid in healing oesophageal ulcers, led them to employ it in in this stage of consump-

tion. Though of course an I believe it has
not acquired any solid reputation. Impelled
by the desire of discovering some remedy for
this disease Dr. Robertson not long since
instituted a series of experiments with al-
most every article of the Materia Medica.
The result was that vinegar was found
to be the most efficacious remedy. Of
late the practice has been resorted to in ea-
rlying the healing of ulcers of the lungs
by inhaling the vapour of certain resinous
and balsamic substances. The articles re-
commended are the terebinthinate prepara-
tions, and the balsam of Tola. The vapour
of sulphuric ether has been recommended,
either alone, or impregnated with the leaves
of hemlock. This is a valuable remedy;
as it relieves the cough, dyspnoea, and
oppression. - On principles nearly allied,
the inhalation of atmospheric air, various



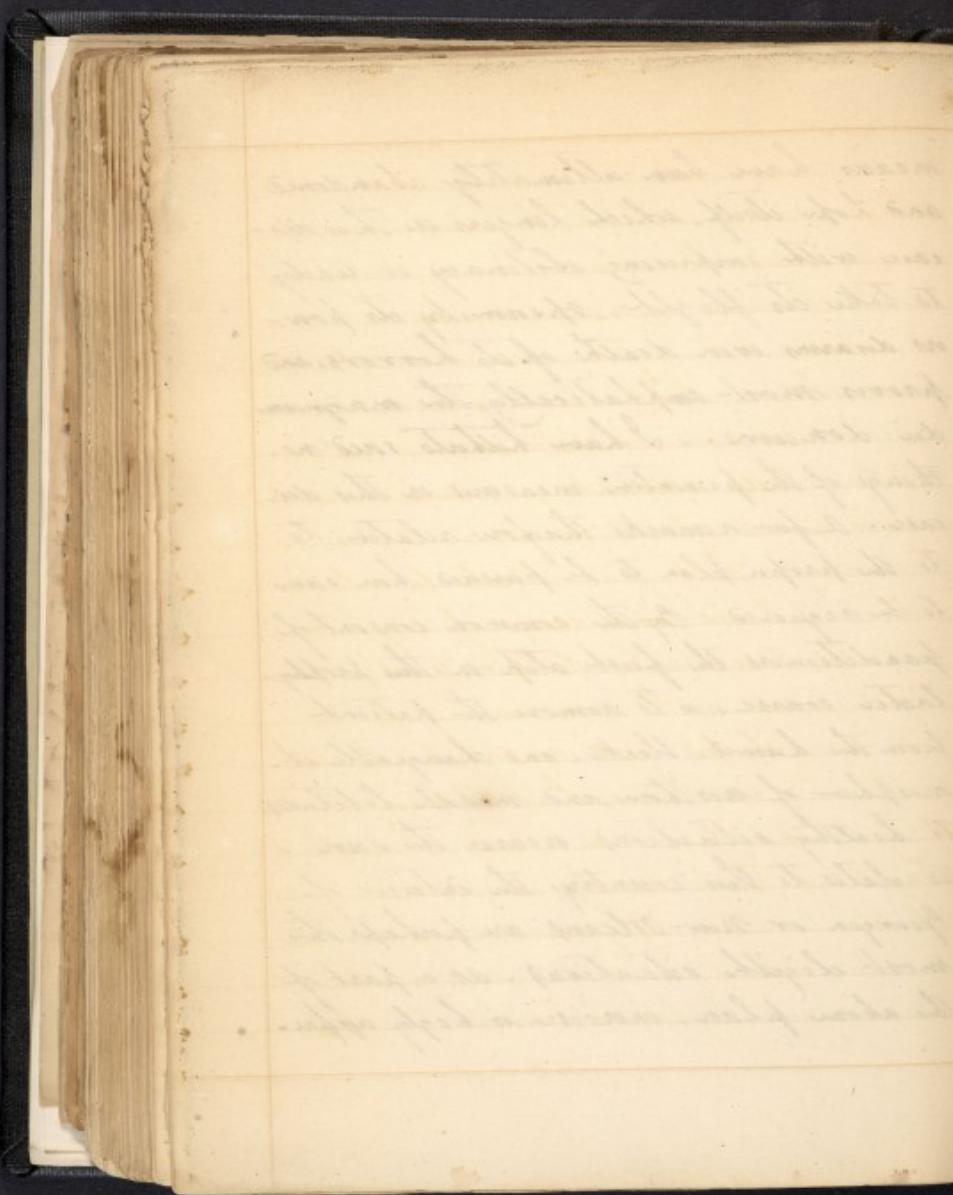
ly dilated and combined with certain ga-
ses has been proposed. To experiment exten-
sively with the remedy Dr. Beddoe
established what he termed, the pneumatic
institution. It was proposed by him to in-
hale the carbonic acid gas, under an im-
pression that it would correct the foul
ulcers, and dispose them to take on the
healing process. But however plausible
in theory, when tested by actual practice,
the remedy proved unavailing. Various
other projects have been proposed for the
cure of consumption, such as confining
patients day and night with cows, in
order to inhale their vapour, inhaling
them as it were, ff. The efficacy of the
first of these remedies is believed to be ex-
tremely problematical, and the latter ab-
solutely deleterious. - As the disease ad-
vances affections arise of so urgent a

the first time I have seen it
I am very much interested in
it and I hope to get more information
about it from you. I have seen
nothing like it before. It is
a very interesting specimen.
I will send you some photographs
of it when I have time. I hope
you will be able to identify it
and tell me what it is.

nature as to demand particular attention.
of these one of the most troublesome are
night-sweats, which arise from debility of
the exhalents and can be most effectually
checked by applications made to the part
affected. By slapping in warm flannel
and rubbing the surface with stimulating
applications, such as salt, or brandy, much
advantage is derived. The most effectual
of the internal remedies, are the mineral
acids, especially the sulphuric, given alone,
or in combination with some of the vegetable
bitters. Sago or lead, arsenic, and alum
have also been recommended. Lime water
taken freely is often very beneficial. Another
of these destroying affections is diarrhea.
This may be combated precisely by the
same remedies which are given in other
forms of the complaint. Very minute
doses of mercury have been known

to check it when every thing else had failed. at this stage of the disease the cough which throughout is uniformly troublesome, becomes exceedingly aggravated, and solicits relief. Now most of the cough mixtures, and especially the preparation of gum ammonica and nitric areuseful. The balsamic articles are also here useful. an article vended under the title of the balsam of honey, is an admirable remedy in the last stages of Phthisis. It is composed principally of the balsam of cedar so mingled with other articles as to render it much more agreeable than this simple undisguised medicin. But of all remedies, opium though it never cures affords the greatest amount of benefit. It relieves the cough, moderates diarrhea, alleviates pain, and upholds for a time the sinking strength. When all other

means have been ultimately abandoned,
and hope itself, which lingers in this disease
with surprising obstinacy is ready
to take its flight, opium, by its pow-
ers disarms even death of its horrors, and
proves most emphatically, the magnum
dei donum. - I have hitherto said no-
thing of the preventive measures in this dis-
ease. A few remarks therefore relative to
to the proper plan to be pursued here seem
to be required. By the common consent of
practitioners the first step in this prophylac-
tic course, is to remove the patient
from the humid, bleak, and changeable at-
mosphere of northern, and middle latitudes,
to healthy situations near the sea. -
as relates to this country the interior of
Georgia or New Orleans are perhaps the
most eligible situations. As a part of
the above plan, exercise is highly appro-



ciated, particularly on horseback. But it must be regulated by discrimination and judgment. - Employed when much inflammatory diathesis prevails, it will not fail to prove disserviceable. The patient should also ^{be} protected from entering out marshy conditions of the atmosphere. Little advantage however will be gained unless strict attention is paid to regimen. That food should be selected which is light, and easy of digestion, with the least stimulating properties. Milk mixed with some one of the farinaceous articles will constitute the best diet. To conclude what I have to say of the prophylactic measures, it will only be added that all the exciting causes should be studiously avoided, particularly cold; which may be guarded against by wearing flannel next the skin.

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at all seasons. When this essay was
commenced it was intended to treat the
other forms of consumption; but as
my time is limited, and as most of the
remedies which have been recommended
are also applicable to them last, I hope
I shall be excused for having omitted
to do so. -

